

2008 - 2017  
Celebrating 10 years

# Summit 10 2017



# Final Report

From the 10th Annual Meeting of the Knowledge Network  
in Rural and Remote Dementia Care: October 23 & 24, 2017

*Health Care Delivery Across the Continuum for Rural and Remote Seniors with Dementia*



Save the Date!

Mark your calendar, and plan to attend the 11th Annual Summit in Saskatoon.

October 23<sup>rd</sup> and 24<sup>th</sup>, 2018

This report summarizes the activities of Summit 10, the Tenth Annual meeting of the Knowledge Network in Rural and Remote Dementia Care in Saskatoon on October 23 & 24, 2017.

Funding to make this Summit possible was provided by The Bilokreli Family RaDAR Trust Fund, Canadian Institutes of Health Research, and the Saskatchewan Health Research Foundation.

The photos from the Summit used in this report were taken by Debra Marshall.

University of Saskatchewan  
Saskatoon, Saskatchewan  
February, 2018

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## Welcome

Dear Knowledge Network Members,

This year marked a special milestone for the Rural Dementia Action Research (RaDAR) team—on October 23rd and 24th we held the 10th Annual Summit of the Knowledge Network in Rural and Remote Dementia Care. When we started the Summit in 2008 as a strategy to bring together the Decision-Maker Advisory Group for a 5-year Canadian Institutes of Health Research study, we had no idea that it would become such an integral part of our research program and would still be happening ten years later. We depend on this opportunity to interact with new and existing Knowledge Network members to inform our research and knowledge exchange activities, and stay connected with what is happening around the province.

The range of backgrounds and skills that participants bring to Summit is incredible. We feel privileged to be able to host this event that brings together so many people who are passionate about improving the quality of care and quality of life of people with dementia and their caregivers, especially those in rural areas. The number of Summit participants has tripled over time and we look forward to growing the Network even more in coming years. If you know of people who share an interest in rural dementia care, please let us know so that we can invite them. We also hope to include more individuals with dementia and their families.

Thank you to the Bilokreli Family for their support of the RaDAR program and the Summit, and to all the presenters and attendees for making our 10th Summit a success. A special thank-you to Dr. Jenny Basran for her inspiring keynote presentation. In our small group work this year we looked back at past Summits and forward to the future, to identify what participants most value about coming to Summit. We will use this information in planning for next year, and we hope to see you there.



Debra Morgan



*If you did not attend Summit 10, and are interested in attending future Summit meetings, please contact Dr. Debra Morgan at: [debra.morgan@usask.ca](mailto:debra.morgan@usask.ca)*



**Agenda**  
**Tenth Annual Summit of the Knowledge Network  
 in Rural and Remote Dementia Care**  
 October 24<sup>th</sup>, 2017  
 Western Development Museum – 2610 Lorne Ave, Saskatoon



All Summit Materials and handouts were distributed electronically to participants.

**Monday, October 23rd - Western Development Museum – Butler Byers Hall**

**6:30 pm – 9:00 pm** Registration, Wine and Cheese Poster session and informal networking. Please join us in Butler Byers Hall to view posters and displays that highlight a variety of projects from attendees. Appetizers will be served, and a cash bar will be available.

**Tuesday, October 24th - Western Development Museum – Butler Byers Hall**

**8:00 am – 8:25 am** Registration and Breakfast served in Butler Byers Hall

**8:30 am – 9:05 am** Introduction and welcome to 10<sup>th</sup> Annual Summit – Dr. Debra Morgan, RaDAR (Rural Dementia Action Research) Team Lead

**9:05 am – 9:15 am** Opening Remarks – Patrick Odnokon, Chief Executive Officer, Saskatchewan Health Research Foundation

**9:15 am – 10:00 am** Morning Keynote: The Connected Care Strategy: First Steps to Modernizing our Health Care System - Dr. Jenny Basran, MD. Associate Professor of Medicine and Head of the Division of Geriatric Medicine at the University of Saskatchewan.

**10:00 am – 10:30 am** Morning Break and Coffee

**10:30 am – 11:15 am** RaDAR Team Highlights (Moderator: Dr. Melanie Bayly) – RaDAR research team members will highlight RaDAR team research projects:

- RESPECT: Remote Specialist to Primary care provider Enriched Care through Technology and Increasing Access to Cognitive Testing in Primary Care via Computerized Assessment of Memory and Cognition (CAMCI). Dr. Megan O'Connell, Associate Professor, and Jake Ursenbach, RaDAR Trainee
- A rural primary health care team model for dementia care. Dr. Julie Kosteniuk, Research Associate
- Sons Project Update: Phase 2 Interviews. Dr. Norma Stewart, Professor Emerita, Allison Cammer, Research Associate, and Duane Minish, Research Assistant

**11:15 am – 12:00 pm** On the Radar – Dementia Initiatives in Saskatchewan (Moderator Dr. Amanda Froehlich Chow) – Panel discussion highlighting dementia initiatives:

- Adaptation of Namaste Program. Deb Kennett-Russill, Occupational Therapist, and Danielle Benjamin, Community Health Services Manager, Sun Country Health Region
- Age Friendly Communities Initiative. Michel Sorenson, Program Coordinator, Sask Seniors Mechanism
- North Saskatchewan Dementia Assessment Program. Kim Taylor, Manager of Interprofessional Practice, Saskatoon Health Region

**Noon to 12:55 pm** Lunch served in Butler Byers Hall – during the lunch hour Summit participants are welcome to explore the museum and visit Boomtown. The Western Development Museum is the keeper of Saskatchewan's collective heritage.

**12:55 pm – 2:10 pm** Small Group Discussion Session (Moderator: Joanne Bracken)

**2:10 pm – 2:30 pm** Afternoon Refreshment Break

**2:30 pm – 3:00 pm** Alzheimer Society of Saskatchewan – Update and information about agency programming. Joanne Bracken, Chief Executive Officer, and Joanne Michael, Director of Programs and Operations

**3:00 pm – 3:30 pm** Long-Term Care in Rural Alberta: A Case Study – Dr. Julia Brassolotto, Assistant Professor, University of Lethbridge.

**3:30 pm – 3:45 pm** Wrap-Up Closing comments and Summit evaluation.

## Registration and Poster Session Evening

The poster session on Monday evening was an opportunity for participants, researchers, and students to network, view posters and learn more about current research and projects related to rural and remote dementia care. Twenty-five posters were on display, including two which highlighted the history of the RaDAR team and the ten year history of the Annual Summit meetings.

*A listing of all poster presenters and poster titles is available on page 15.*



*Monday, October 23*

### Poster Award - The Bilokreli Student Poster Prize

Adjudicated by the poster judges, the Bilokreli Student Poster Prize was awarded to the top three student posters submitted to Summit. The poster prizes went to:

1st Place: Valerie Elliot

2nd Place Kaeli Knudsen

3rd Place: (tied): Allison Cammer & Ben Gould

Congratulations, and thanks to all students for their participation in Summit.

*Members of the Bilokreli family presented the student poster prizes to this year's winners at Summit. The Bilokreli Family established the RaDAR Trust Fund and generously committed \$25,000 per year over three years to the trust. The fund supports the research and knowledge exchange activities of the RaDAR program, and supports student researchers by funding the Student Poster Prize.*



## Summit Meeting - Welcome, Keynote, and RaDAR Team Highlights

The Annual Summit meeting brought together more than 90 participants from across the province who represent a variety of stakeholders,



Patrick Odnokon, CEO of the Saskatchewan Health Research Foundation which provides funding support to the RaDAR team, leads with opening remarks at the Summit meeting.

including individuals from: primary health care and chronic disease, long-term care, home care, health region administration, nurse practitioners, family physicians, continuing care consultants, family members, research team members, students, Ministry of Health, Saskatchewan Health Research Foundation, Health Quality Council, Saskatchewan Government Insurance, and the Alzheimer Society of Saskatchewan. Over its ten-year history the Summit has acted as a very important knowledge translation and exchange activity for both the RaDAR team researchers and students, and community stakeholders. The feedback and input provide by community members working in the field of rural and remote dementia care ensures that research activities undertaken by the RaDAR team are relevant and focused.

Summit participants benefit from networking and knowledge sharing that occurs at the

Summit. 2017 was a very special year for the team as we reached a milestone decade of Summit gatherings. This year's attendees included many new participants as well as some attendees who have been present at each Summit meeting since its inception in 2008!



Dr. Debra Morgan (L) and Dr. Jenny Basran (R) Dr. Morgan welcomed all Summit participants, and introduced the agenda for the day. Dr. Morgan then invited Dr. Jenny Basran to the podium for her keynote presentation.





Members of the RaDAR team prepare for research highlight presentations and panel discussion.



Dr. Melanie Bayly moderated the RaDAR Team Highlights session.



Dr. Megan O'Connell (L) and Jake Ursebach (R) presented information about their research. Dr. O'Connell spoke about Remote Specialist to Primary care provider Enriched Care through Technology (RESPECT) and Jake Ursebach spoke about computerized assessment tools to increase access to cognitive testing in primary care settings



Dr. Julie Kosteniuk presented about a rural primary health care team model for dementia care.



Dr. Norma Stewart (L), Duane Minish, and Allison Cammer (R) presented a research update on the Sons Project. The team interviewed sons who identified themselves as caregivers for their parent with dementia, and are currently analyzing the interviews.

Summit Meeting - On the Radar, Small Group discussion, Alzheimer Society of Saskatchewan update, and Long-term care in rural Alberta.

Community members prepare for afternoon *On the Radar* a panel discussion to highlight new and current dementia initiatives taking place in Saskatchewan.



Dr. Amanda Froehlich Chow moderated the *On the Radar* panel session.

Danielle Benjamin (L) and Deb Kennett-Russill (R) from Sun Country Health Region presented about how they adapted the Namaste Program, presented at last year's Summit, to meet the needs of their community.



Michel Sorenson from Sask Seniors Mechanism presented about the Age Friendly Communities Initiative.



Kim Taylor from Saskatoon Health Region presented about the North Saskatchewan Dementia Assessment Program.





Joanne Bracken with the Alzheimer Society of Saskatchewan provided an update on agency programming



Alzheimer Society of Saskatchewan staff members who attended Summit, including many of the First Link® Coordinators from across the province.



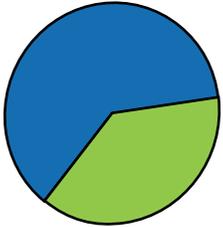
After lunch, small group discussion sessions collected Summit participant's reflections on their experience of Summit as a knowledge exchange event. Joanne Bracken (above) moderated the session. Information collected from the discussions will be incorporated into a paper about the history of the Summit and the RaDAR team's focus on involving stakeholders and community members in research early and often in the process.



Dr. Julia Brassolotto from University of Lethbridge presented about her research in long-term care in rural Alberta.

# Summit Evaluation

Of the 51 respondents who replied to the question, we learned that 69% had attended Summit before, while 31% were attending for the first time.



■ First Summit  
■ Been to Summit before

Congratulations to Tyler Reitsma who was the winner of the Visa Gift Card draw from among the names of Summit Attendees who returned their Summit Evaluation Form!

Of the 93 Summit participants, 53 completed and returned a Summit evaluation at the end of the meeting. The feedback we receive from evaluation forms is very important to our success in planning future events, and reflecting on Summit 10.

We learned that the majority of poster session attendees rated the session as an "Excellent" or "Very Good" value in exchange for their time to attend the evening session. Additionally, all of the participants who provided feedback on the poster session responded "yes" to our question of whether they would recommend the poster session to a friend.

Tuesday Summit meeting attendees who completed the feedback form all expressed that they were "Extremely Satisfied" or "Very Satisfied" with the value they received in terms of the time they took to attend the meeting.

When asked for feedback about planning for future Summit events we heard that participants would like it if more people with dementia and their families were invited/ included in the next Summit meeting, particularly as presenters to share their stories. There was also much interest in learning more about a National Dementia strategy for Canada: learning about how it is being implemented, and information about how other countries have successfully implemented their own strategy.

*The networking over time has allowed me to consult with confidence when there are questions in dementia care.*

*I believe the knowledge gained by me and brought back to the workplace is unmeasurable - the connection with others in the province has assisted with a greater understanding of global issues.*

*Focus on rural care. Great mix of topics, but all related to dementia and integrated.*

*It is local. It is encouraging that things can be done.*

*Well run; timely; allowed for discussion; technology worked well.*

*I really enjoyed Dr. Basran's speech and the information was very helpful.*

*I've met a lot of people who I would like to collaborate with and have a much better idea of many issues in the province around dementia care.*

*I will take away a better understanding of the future with an emphasis on demographic trends and needs.*

*Highly relevant networking. Dementia specific focus is great and unlike other conferences.*

*Exposure to a variety of people & professionals who are passionate about dementia.*

*Thanks to RaDAR Team! You are so welcoming and organized!!*

*Thank you for the day and networking opportunities.*

*Great Summit again this year. Hard to believe it's been ten years.*

# 2008 to 2017 - 10 year anniversary of Summit

The first Summit meeting was held in November 2008 at Teacher's Credit Union Place in Saskatoon. Since the success of that inaugural meeting, the RaDAR team (known in 2008 as the NET team) has continued with an annual Summit meeting of the knowledge network in rural and remote care ever since. The 2008 Summit meeting started as an integral part of the Knowledge Translation and Exchange component of Dr. Debra Morgan's

Applied Chair in Health Services & Policy Research.



The ongoing direction that has been

provided to the research team by participants at the annual meeting has been invaluable over the years! To mark the tenth anniversary of the Summit meetings this year's event featured a celebratory cake, special posters that highlighted the history of Summit and the RaDAR Team, and a slide show of photos of the research team members over the years.



Dr. Debra Morgan (L) and Dr. Norma Stewart (R) in front of RaDAR team history poster.



## Learn more about the RaDAR team and Summit



To learn more about RaDAR's research, the history of Summit, or to reach out and get in touch with the team please visit the team's website: [www.ruraldementiacare.usask.ca](http://www.ruraldementiacare.usask.ca) and follow RaDAR on Twitter @ RaDAR\_Usask

Contact information for individual attendees has been removed from this version of the report posted on-line.

Please contact Debra Morgan at the University of Saskatchewan  
email: [debra.morgan@usask.ca](mailto:debra.morgan@usask.ca) or phone 306-966-7905  
for assistance contacting any of the participants.

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## Appendix B - List of Posters Presented at Summit

Poster Presenter	Authors & Poster Titles
	Minish D, Morgan D, RaDAR Team RaDAR Team History Timeline: 1997 to today
	Elliot V, Morgan D, RaDAR Team 10 Years of Summit Keynotes
Jan Berger	Berger J Purposeful Interactions
Donna BoserKelly	BoserKelly D Mobile Recreation Therapy Services; Private Practice, in Rural Saskatchewan and Surrounding Area
Camille Branger	Branger C, O'Connell ME Rewarding or Repetitive? Investigating Healthcare Students' Attitudes Toward Geriatric Specialization
Allison Cammer	Cammer A, Whiting S, Morgan D The Role of Registered Dietitians in Dementia Care in Rural and Urban Long-term Care
Valerie Elliot	Elliot V, Kosteniuk J, Bayly M, Froehlich Chow A, Morgan D Health-Related Stigma of Neurological Disease in Rural Adult Populations: A Scoping Review
Gillian Fleury	Fleury G, O'Connell ME Health-Association Between Patients' Sleep Disturbance and Caregivers' Burden, Quality of Life, and Psychological Distress at the Rural and Remote Memory Clinic
Rebecca Genoe	Genoe R, Fortune D, Whyte C Meanings of Deep and Sustained Friendships in Dementia
Ben Gould	Gould B, O'Connell ME, Bourrassa C, Jacklin K, Carter J, MacQuarrie C, LeBlanc D, Abegweit First Nation, Lennox Island First Nation Mental Wellness Needs for PEI Indigenous Communities: Opportunities for Development of Technology-based Remote Support
Trina Hodgson	Hodgson T, Michael J First Link - Alzheimer Society of Saskatchewan

Poster Presenter	Authors & Poster Titles
Kaeli Knudsen	Knudsen K, Nyarko J, Heistad R, Greer J, Carvalho C, Mousseau D A Routinely Prescribed Antidepressant Drug and its Metabolite Exert Similar Toxicity via $\beta$ -Amyloid
August Kortzman	Kortzman A, Wells G Subjective Quality of Life of the Residents in a Continuing Care Facility's Young Adult Unit
Julie Kosteniuk	Kosteniuk J, Morgan D The RaDAR Program: Community-based Partnership and Impact
Rebecca Lalonde	Lalonde R, LeClaire S, Taylor K, Dziad J North Saskatchewan Dementia Assessment Team
Joanne Michael	Michael J U-First!- <i>Alzheimer Society of Saskatchewan</i>
Debra Morgan	Morgan D, Kosteniuk J, Seitz D, O'Connell ME, Kirk A, Stewart N, Holroyd-Leduc J, Daku J, Kennett-Russill D, Hack T A Community-Based Participatory Research Approach to Developing Rural Dementia Care Best Practices in Primary Health Care Teams
Jenna Neiser	Neiser J, Ursenbach J, O'Connell ME, Morgan D, Spiteri R Feature Selection Used to Shorten Mild Cognitive Impairment Test Battery
Jennifer Nyarko	Nyarko J, Quartey M, Heistad M, Pennington PR, Mousseau D Changes in Actin And Tubulin Expression in the Alzheimer Brain are More Predictive of Sex-Dependent Disease Progression Than are Changes in Tau Phosphorylation.
Megan O'Connell	O'Connell ME, Burton R Remote Neuropsychology: Feasibility of Videoconferencing for Rural Dementia Care
Maa Quartey	Quartey M, Nyarko J, Pennington PR, Heistad R, Baker G, Mousseau D Monoamine Oxidase-A (MAO-A) and MAO-B Activities are Regulated in a Region-Dependent Manner in the Alzheimer Brain
Andrea Scerbe	Scerbe A, O'Connell ME Methods of Remote Education Delivery for Rural Populations

Poster Presenter	Authors & Poster Titles
Jake Ursenbach	Ursenbach J, O'Connell ME Improving Rural Dementia Diagnosis: Implementing Remote Specialist-to-Primary Care Provider Support
Donna Wilkinson	Wilkinson D, Hodgson T, Michael J Minds in Motion® - <i>Alzheimer Society of Saskatchewan</i>
Abby Wolfe	Wolfe A, Quennell L ABCs of Dementia Warning Signs Campaign - <i>Alzheimer Society of Saskatchewan</i>

